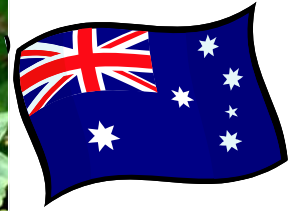




\$2.00

The Atoll

Thurs 17th Mar 2016 - Wed 30th Mar 2016



Cocos (Keeling) Islands

The Cocos (Keeling) Islands comprises of 27 coral islands forming two atolls, situated 2768km NW of Perth and 3685km due West of Darwin, is an isolated speck in the Indian Ocean.

Contents Page Isi Kandungan

Cocos (K) Islands News <i>Berita Pulu Cocos (K)</i>	2
Public Notices <i>Notis-notis Umum</i>	12
Sports & Rec Review <i>Berita Olahraga & Rekreasi</i>	13
Cocos Snippets <i>Keping-kepingan Cocos</i>	-
Games <i>Kemainan</i>	15
Cocos Moment <i>Saat Cocos</i>	16
Birthdays <i>Ulang Tahun</i>	
Community Events <i>Acara Masyarakat</i>	17
Cocos Snapshots 2 <i>Gambaran Cocos 2</i>	18

Advertisements

Adverts

Translation Fees apply

Quarter Page <i>Suku Kertas</i>	\$10.00
Half Page <i>Setengah Kertas</i>	\$25.00
Full Page <i>Penuh Kertas</i>	\$50.00

You can subscribe to The Atoll electronically by contacting:

cocosislands@crc.net.au

Cocos Snapshots

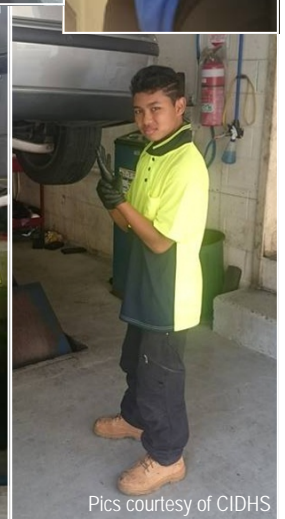
Gambaran Cocos



Sydney Highway works



Yr 9/10's Perth Camp snaps...



Pics courtesy of CIDHS



Administration Building (PO Box 1039)
Cocos Keeling Islands WA 6799
P: 08 9162 7707 F: 08 9162 7708
E: cocosislands@crc.net.au
W: www.cocos@crc.net.au
Like us on Facebook
Follow us on Twitter

Rainfall Stats

February Statistics
(latest up to 16 Mar):
177.20 mm

Latest 2016 Statistics:
(latest up to 16 Mar)
714.20mm



2014: 2081.80mm

LATEST WEATHER

<http://www.bom.gov.au/climate/dwo/IDCJDW6027.latest.shtml>



SCHOOL HOLIDAY ACTIVITY AT THE COCOS ISLANDS CRC

MONDAY 11th APRIL 8.30am - 10.30am

Emergency Contact List

AFP	91626600
VHF	Ch20
IOTHS WI Clinic	91626655
IOTHS HI Clinic	91627609
	VHF Ch24
DFES HI	91627788
DFES WI	91627777
VMRS	0406329056
	VHF Ch20
Shire HI	91626649
Shire WI	91626740
Watercorp	91626722



The original melamine Pictureplate

Turn children's artworks, photos, hand and footprints into something they'll treasure for ever. Strong enough to use every day, they provide a lasting memory of childhood.

Made of durable BPA-free food-safe melamine, it's dishwasher safe and covered by a 40 year quality guarantee.

PLEASE RSVP BY MONDAY 4th APRIL WITH CASH PAYMENT
MELAMINE PLATES: \$25.00 **PLASTIC MUGS: \$20.00**

Proudly supported by



Government of **Western Australia**
Department of **Regional Development**

Thumbs Up



Feel free to email your thumbs up to:

communications@cocos.wa.gov.au

Quote of the Day

A good friend is cheaper than therapy. - Author Unknown

Thought for the Day

We become what we criticize. - Capt Ronald Coble

Jokes of the Week

Bob left work one Friday evening. But it was payday, so instead of going home, he stayed out the entire weekend partying with his mates and spending his entire wages.

When he finally appeared at home on Sunday night, he was confronted by his angry wife and was barraged for nearly two hours with a tirade befitting his actions. Finally his wife stopped the nagging and said to him, "How would you like it if you didn't see me for two or three days?"

He replied, "That would be fine with me."

Monday went by and he didn't see his wife.

Tuesday and Wednesday came and went with the same results.

But on Thursday, the swelling went down just enough where he could see her a little out of the corner of his left eye.

18 year old, Dan was walking home from a Halloween party at his friends house, when he heard a thumping noise behind him.

THUMP, THUMP, THUMP, THUMP.

When Dan turned around he saw it was a coffin behind him. Dan started walking quicker but the THUMPS were still right behind him.

Soon Dan was running, the coffin started running to. Now Dan was running faster than he had ever ran in his life but the coffin was still right behind him! "HELP!" Dan screamed!

He ran into his house and tried to slam the door but the coffin caught the door and started following him up the steps

THUMP, THUMP, THUMP, THUMP

Dan ran into the bathroom and grabbed the first thing he saw, cough drops, and threw them at the coffin...and of course the coffin' stopped.

Cocos (Keeling) Islands News (cont'd)

Berita Pulu Cocos (Keeling) (seterusnya)

Expression of Interest - Community Resource Centre Cafe/Kitchen

The Shire of Cocos (Keeling) Islands are seeking expressions of interest for the operation of a community café from the Home Island Community Resource Centre Café/Kitchen.

The Café/Kitchen would be available for use one day per week allowing up to seven different entities to operate from the premise. The premise would be available at nil cost to the applicant but must be open for lunch on their designated day.

Submissions by interested parties are to be received by 12pm Friday 1st of April 2016. Included in the submission should be the preferred day of operation, outline of proposed trading hours on that day & the proposed cuisine/menu you intend to offer.

Submissions are to be marked confidential to:

Chief Executive Officer
Shire of Cocos (Keeling) Islands
PO Box 1094
COCOS (KEELING) ISLANDS WA 6799

Further information can be obtained by contacting Joanne Soderlund during office hours on 9162 6649.

Tunjuk Kemincatan - Kafe/Dapor Community Resource Centre

Shire of Cocos (Keeling) Islands menjemput tunjuk kemincatan untuk menjalankan kafe masyarakat dengan menggunakan Kafe/Dapor Home Island Community Resource Centre.

Kafe/Dapor akan disediakan untuk digunakan sehari seminggu yang akan mengizinkan hingga tuju orang lain untuk menggunakan tempat ini. Tempat ini adakan disediakan tanpa bayaran sewa kepada orang yang pakai tetapi mesti dibuka untuk makan tengah hari pada hari yang ditentukan untuk mereka.

Surat kemincatan daripada pihak-pihak yang berminat dimintak dimasukkan sebelum jam 12 tengah hari Jumaat 1 hb April 2016. Surat harus mengandungi hari yang ingin dibuka, penjelasan masa ingin dibuka pada hari itu dan makanan-makanan apa yang diniatkan untuk disediakan.

Surat mesti ditandakan "confidential" dan dihantar kepada alamat tersebut diatas.

Keterangan selanjutnya boleh didapati dengan menghubungi Joanne Soderlund dimasa opis terbuka di 9162 6649.

Expression of Interest - Light Industrial Shed

Expressions of interest are being called for the future lease of the new Light Industrial Sheds which are currently under construction on Home Island as the project nears completion.

Submissions by interested parties are to be received by 12pm Friday 1st of April 2016. Included in the submission should be the proposed term & proposed use of the property.

Submissions are to be marked confidential to:

Chief Executive Officer
Shire of Cocos (Keeling) Islands
PO Box 1094
COCOS (KEELING) ISLANDS WA 6799

Further information can be obtained by contacting Joanne Soderlund during office hours on 9162 6649.

Tunjuk Kemincatan - Bangunan Light Industrial

Tunjuk Kemincatan dijemput untuk penggunaan secara sewa Bangunan Light Industrial dimasa hadapan., yang pada masa ini sedang disediakan di Home Island dan akan selesai tidak lama lagi.

Surat daripada pihak-pihak yang berminat dimintak diterima sebelum jam 12 tengah hari Jumaat 1hb April 2016. Isi kandungan surat mesti menyatakan berapa lama ingin digunakan & tujuan penggunaan tempat ini.

Surat harus dihantar kepada orang dan alamat yang tersebut diatas dengan ditandakan "confidential".

Keterangan selanjutnya boleh didapati dengan menghubungi Joanne Soderlund dimasa opis terbuka di 9162 6649.



Community Funding Program Equipment/Capital

The Shire of Cocos (Keeling) Islands is calling on interested applicants for our "Community Funding Program 2016/2017". Funding is available only to non-profit entities and/or community groups located within the Shire of Cocos (Keeling) Islands for activities which will provide benefits directly / in-directly to this community.

A maximum of \$2,000 per applicant is available. In exceptional circumstances a grant higher than \$2,000 may be awarded. Funding for projects will be awarded to cover a 12 month period from 1 July 2016 to 30 June 2017 for projects beginning on or after 30 June 2016. Any organisation is not eligible to apply if it has an outstanding acquittal from a previous community funding program.

Application process is now open to be submitted before 12 noon on Friday 15th of April 2016. Applications will then be assessed at the April Council meeting and successful or non successful applicants will be notified by writing.

Applications will only be accepted on standard application forms which can be obtained from our Shire Offices. For further information or if you require clarification please feel free to contact Luluk Sloan (Mak Zamani) our Community Projects Officer by telephone on 9162 6649 or alternatively via email: cpso@cocos.wa.gov.au.

Program Duit Bantuan Masyarakat Pekakas/Harta

Shire of Cocos (Keeling) Islands memanggil pihak-pihak yang berminat untuk "Program Duit Bantuan Masyarakat 2016/2017". Duit bantuan disediakan untuk pihak-pihak 'non-profit' dan/atau kumpulan masyarakat yang berada di Shire of Cocos (Keeling) Islands untuk aktiviti yang akan memberi manfaat langsung / secara tidak langsung untuk masyarakat ini.

Sebanyak \$2,000 setiap permohonan pihak disediakan. Ada keadaan yang boleh dikecualikan untuk memberikan lebih dari \$2,000. Duit bantuan untuk projek-projek akan diberikan untuk meliputi jangkah masa 12 bulan dari 1 July 2016 hingga 30 June 2017 untuk projek-projek yang bermula pada masa 30 June 2016 atau selepasnya. Pihak-pihak persatuan yang tidak layak untuk memohon ada yang masih ada 'acquittal' yang belum diselesaikan daripada program duit bantuan masyarakat kemarin tahun.

Proses permohonan sekarang dibuka untuk dimasukkan sebelum jam 12 tengah hari pada hari Jumaat 15hb April 2016. Pemohonan akan dinilai dimitingan Council bulan April dan pihak yang berhasil akan diberitahu secara tertulis.

Pemohonan hanya akan diterima di form permohonan yang boleh didapati dari Opis-opis Shire. Untuk keterangan selanjutnya silahkan hubungi Luluk Sloan (Mak Zamani), Community Projects Officer kami dengan talipun 9162 6649 atau secara email: cpso@cocos.wa.gov.au.

Notice of Intention to Levy Specified Area Rates – Home Island

Comments are sought on the Shire's intention to apply a specified area rate to all properties on Home Island that adjoin a laneway for the purpose of contributing towards the costs of fencing rear property boundaries. A specified area rate over a three years period at a maximum cost of \$450 per year per ratable property will be applied. Pensioners may be eligible for a discount of up to 50%.

As part of the shire's back laneway paving project it is the Shire's intention to remove old, non-compliant and unsafe fencing and replace these with a uniform fence whilst paving the laneways. An example of the type of fencing to be used is available for viewing near the Home Island Shire office.

For further information on the proposed specified area rate please contact the Deputy Chief Executive Officer Joanne Soderlund (Mak Kimberley) on 08 9162 6649, dceo@cocos.wa.gov.au or at the Home Island Shire Office.

Comments are to be submitted to the shire by 12 noon Friday 1st April 2016.

Notis Keniatan untuk Memungut Bayaran Kawasan Tertentu – Home Island

Pandangan dimintak terhadap keniatan Shire untuk mengadakan pungutan bayaran kawasan tertentu terhadap semua rumah di Home Island yang mempunyai belakang kebon dengan tujuan untuk mengongkoskan pagar untuk boundary dibelakang kebon. Bayaran untuk kawasan tertentu dalam masa jangkaan tiga tahun dengan ongkos maksimum \$450 setahun untuk setiap rumah yang di sewa dan di lease. Orang-orang pension mungkin layak untuk diskaun hingga 50%.

Sebahagian projek paving jalan belakang kebon adalah tujuan Shire untuk mengangkat pagar-pagar yang sudah lama, tak memenuhi syarat dan tidak selamat, dan menggantikan dengan pagar yang sama dimasa sedang menjalankan paving belakang kebon. Contoh jenis pagar yang akan digunakan telah disediakan untuk dilihat disebelah Opis Shire Home Island.

Untuk keterangan selanjutnya dalam cadangan untuk memungut bayaran untuk kawasan tertentu, silah hubungi Deputy Chief Executive Officer Joanne Soderlund (Mak Kimberley) dinomor 08 9162 6649, dceo@cocos.wa.gov.au atau di Opis Shire Home Island.

Komen atau pandangan mesti dimasukkan kepada shire sebelum 12 tengah hari pada hari Jumaat 1hb April 2016.



SHIRE OF
COCOS
KEELING
ISLANDS

Home Island Cyclone Shelter Building

The Shire has identified that the Home Island Cyclone Shelter is currently under utilised and is currently in the planning process of transforming this building into a community center that can be better utilised by the community and by more community groups.

Council has already agreed that a permanent home for the seniors and playgroup will be incorporated within this building with a dedicate space allocated to each of them. Other users are currently under consideration.

As part of this transformation the shire will be over the coming year carrying out much needed maintenance to this building and is also planning on undertaking (subject to funding) some much needed upgrades including addressing the air-conditioning issue.

If and when needed as a cyclone shelter all areas of this building will be available to all Home Island residents for their protection.

If you have any suggestions that you would like to be considered during the planning process please forward these to the Chief Executive Officer by 1st April 2016.

Rumah Seklon Home Island

Shire telah menandakan yang Rumah Seklon Home Island jarang-jarang digunakan dan dimasa ini sedang berada dalam proses planning untuk merubah bangunan ini untuk menjadi rumah untuk masyarakat yang boleh digunakan dengan lebih baik oleh masyarakat dan kumpulan-kumpulan masyarakat.

Council telah bersetuju yang tempat khas untuk seniors dan playgroup akan disediakan dalam bangunan ini dengan halaman yang dikhaskan untuk mereka. Pengguna-pengguna lain sedang dipertimbangkan.

Bersebabkan perubahan ini dimasa yang akan datang kerjaan akan dijalankan terhadap bangunan ini dan juga planning dijalankan (tergantung dengan duit bantuan) untuk pembagusan lain yang termasuk tindakan terhadap air-con.

Kalau dan bila diperlukan sebagai rumah seklon, semua kawasan bangunan ini akan tersedia kepada semua penduduk Home Island untuk keselamatan mereka.

Kalau ada pandangan yang ingin dipertimbangkan dimasa planning ini silah kemukakan kepada Chief Executive Officer sebelum 1hb April 2016.



Proudly presented by Cocos Island Youth Council

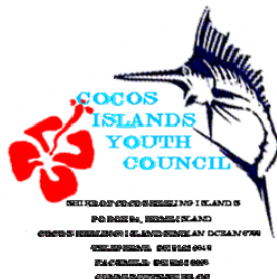
All young people of Cocos Island its time to get motivated, get thinking and excited!

National Youth Week is an annual, week-long celebration of young people (aged 8 - 20) throughout Australia!

We're getting ready to make the week of 11th - 17th April an awesome experience for young people in our community with great competition, prizes, performances, games & much more!

Act NOW and be part of NYW 2016 by talking and engaging with your Youth Council for great ideas and get involved.

For more information or if you would like to put forward your ideas please get in contact with the Youth Officer on 91626649 or email youth@cocos.wa.gov.au



SHIRE OF
COCOS
KEELING
ISLANDS

Fully supervised. Smoke, Alcohol & Drug Free Event



Off-shore Flare Kits - Orders and Payment

Thank you to those who submitted their expression of interest for an Off-shore Flare Kit. The Cocos Islands Community Resource Centre has now investigated the costs associated with sending these kits via air freight.

Based on the order of 42 kits, the cost to customers will be as follows:

1 x Off-shore Flare Kit	\$ 120.00
1 x Air freight	\$ 40.00
TOTAL	\$ 160.00

Should the total order be less than 42 kits, the price per kit will increase. Off-shore flare kits are a legal requirement when taking your boat out on the water.

EPIRBs and LIFE-JACKETS are also available for order

1 x EPIRB	\$349.00 (inc frt)
1 x PFD	\$ 30.00 (inc frt)

To place your order, please contact the Cocos Islands Community Resource Centre by no later than **3pm 1st April 2016**

Payment is required when ordering.

Phone: 08 9162 7707

Email: cocosislands@crc.net.au





Off-shore Flare Kits - Odaran dan Bayaran

Terima kasih kepada mereka-mereka yang memasukkan keminatan untuk Off-shore Flare Kit. Cocos Islands Community Resource Centre sekarang sudah siasat ongkos untuk mengodar kits tersebut dengan dihantar secara freight kapal terbang. Berdasarkan odaran 42 kits, ongkos untuk orang yang order seperti berikut:

1 x Off-shore Flare Kit	\$ 120.00
1 x Air freight	\$ 40.00
JUMLAH	\$ 160.00

Kalau ordaran kurang daripada 42 kits, ongkos untuk setiap kit akan lebih naik. Off-shore flare kits adalah keperluan menurut undang-undang bila membawa sekoci kamu keluar dilautan.

EPIRBS dan LIFE-JACKETS juga disediakan untuk diordar.

1 x EPIRB	\$349.00 (inc frt)
1 x PFD	\$ 30.00 (inc frt)

Untuk memasukkan odaran, silah hubungi Cocos Islands Community Resource Centre sebelum jam **3pm 1hb April 2016**

Bayaran diperlukan bila mengodar

Phone: 08 9162 7707

Email: cocosislands@crc.net.au



Did You Know???

In 2005, security guards at Canberra's Parliament House were banned from calling people 'mate'. It lasted one day.

Cocos (Keeling) Islands News (cont'd)

Berita Pulu Cocos (Keeling) (seterusnya)



News from Geof's Bird's Nest

This Cinnamon Bittern Was first spotted by Pam at the West Island rubbish tip on 24 Jan. They have been recorded before on Cocos and Christmas Islands, but only once on the mainland at Broome.

They breed in southern China and fly South to winter in SE Asia. This bird is now living in the long weeds just North of the golf course.



Cocos Malay Words

- Rice - *Nasi*
- Noodles - *Mie*
- Crackers - *Kerupuk*
- Rice Crackers - *Kerak*
- Fried Rice - *Nasi Goreng*
- Fry - *Goreng*
- Boil - *Rebus*
- Bake - *Panggang*
- Raw - *Mentah*
- Cooked - *Matang*

Tenders Sort for Disposal of Cocos Islands Golf Club Old Mowers

Tenders in by 12pm, 31st of March 2016



**Toro Zero Turn
Ground Master 7210**



**Toro Reel Mower
Reelmaster 6500-D**

The Cocos Islands Golf club is looking at tendering off two of its old mowers to interested parties. Both mowers are in AS IS condition and available for inspection on request, Just contact Ryan Breadsell on 0406 329 335 for a more detailed overview of each.

The Tender process will be:

- Fill in the attached Tender Form.
- Send through the Form in a sealed envelope addressed to:
Golf Club President Ash James
House 20 West Island, 6799
- Envelopes opened by Ash and Police Representative on the closing date of the 31st of March.
- The Club will reserve the right to select the winning tender based on meeting a reserve price and supporting the Cocos Community.

Circle the Mower you wish to tender for:

Zero Turn

Reel Mower

Name: _____ Contact Number: _____

Tender Amount: _____

Community Group/ Business: _____

Reason for Tender: _____

We're an Earth Hour Community
19 MARCH 8.30PM

#PLACESWELOVE
EARTHHOUR.ORG.AU

60+
A.C.T. HOUR

COCOS - Don't forget to turn your lights off!

The Purpose of Earth Hour

The goal, of course, is to inspire people to reduce their energy consumption every day, not by sitting in the dark for an hour each night, but by taking simple steps that can have a dramatic effect.

Here are a few examples:

- Switch to energy-efficient CFL or LED lights instead of traditional incandescent bulbs (even Thomas Edison, who invented incandescent bulbs, was a proponent of renewable energy and reducing energy consumption). Lighting accounts for about 5 percent of residential greenhouse gas emissions.
- Turn off or unplug computers, televisions, cell-phone chargers, microwave ovens, and other appliances and electrical devices when they're not in use instead of leaving them on standby.
- Turn off lights when you leave a room or finish work for the day. Encourage your company to shut off lights and unused appliances when no one is working.
- Heat only the rooms you use regularly and adjust your thermostat to keep your home a little cooler in winter and a little warmer in summer.
- Get a free home energy audit to help you reduce your energy consumption, and switch to green power if your utility company offers renewable energy options.
- Use less hot water. This will not only save water, it will also reduce the amount of electricity (or natural gas) you use to keep water hot.

Wondering what you can do after the lights go out? WWF suggests several possibilities, such as dinner by candlelight (preferably with Earth-friendly beeswax candles), an Earth Hour block party, or a nighttime picnic with family or friends. And while you're doing that, give some thought to what else you can do to help protect and preserve the environment.

More tips in next edition...



Government of Western Australia
Department of Fisheries

FUN FACT

GIANT TREVALLY



Giant trevally (*Caranx ignobilis*)

Out of the large trevally family, the most well known is the giant trevally (*Caranx ignobilis*). It is found throughout the Indo-Pacific region and will grow up to 170cm and weigh at least 35kg. The giant trevally is normally a silvery colour with occasional dark spots, but males may turn a darker silver or even black once they mature.

The giant trevally is an apex predator and is known to hunt in schools or individually. They are often seen in the company of sharks, who they use in one of their hunting techniques to ambush prey.

'GTs', as they are often colloquially referred to on the IOTs, are an important commercial and recreational game fish. Thousands of tonnes of giant trevally are caught each year in the Indo-Pacific region, even though some people consider them poor eating. They make any snorkeling or diving expedition at the IOTs an exciting one, as they are one of the bigger bony fish you will be able to see.

Under the proposed recreational fishing rules for the Cocos

(Keeling) Islands all trevally species are included in the demersal finfish bag limit of 16 fish per day. This means that a person may not take more than 16 demersal finfish per day, which includes species such as trevallies, cods, snappers, emperors and sepat.

Feel free to contact Kim Boothman, Community Education Officer for the IOTs, at any time on Kim.Boothman@fish.wa.gov.au or Work: 9203 0345 / Mobile: 0418 915 281.



Government of **Western Australia**
Department of **Fisheries**

Fakta Perikanan Yang Menarik

SAMBAR BESAR



Giant trevally (*Caranx ignobilis*)

Daripada keluarga ikan sambar yang besar, yang paling terkenal ialah sambar besar (*Caranx ignobilis*). Ia didapati dikeseluruh daerah Indo-Pacific dan akan membesar hingga 170cm dan seberat 35kg. Sambar besar biasanya bewarna silver dengan titik-titik hitam, tetapi yang lelaki boleh bewarna lebih gelap silver atau mungkin hitam bila dewasa.

Sambar besar adalah The giant trevally 'predator' yang tertinggi dan diketahui untuk mencari makan secara berkumpulan atau tersendiri. Mereka biasa dilihat bersamasama cucut, yang mereka biasa gunakan dalam cara pencarian makan mereka.

'GTs', sebagaimana mereka biasa dikenali di IOTs, adalah ikan 'commercial' dan rekreasi yang penting. Beribuan ton sambar besar ditangkap dalam setahun didaerah Indo-Pacific, walaupun orang-orang bilang tidak enak dimakan. Mereka membuat selulup di IOT lebih menarik, kerana mereka adalah salahsatu ikan jenis bertulang yang terbesar yang boleh dilihat.

Menurut undang-undang pemancingan rekreasi untuk Pulu Cocos (Keeling) semua jenis sambar termasuk dalam bag limit ikan-ikan tempatan hanya 16 ikan sehari. Ini bermakna yang seorang tidak boleh mengambil lebih daripada 16 ikan tempatan sehari, yang termasuk ikan-ikan seperti sambar-sambar, gelek, kakap, kapkuning dan sepat.

Silahkan hubungi Kim Boothman, Opisa Pendidikan Masyarakat untuk IOTs, bila-bila masa saja di Kim.Boothman@fish.wa.gov.au atau Work: 9203 0345 / Mobile: 0418 915 281.

TRAVELING OVERSEAS? DON'T FORGET TO PACK SOME PEACE OF MIND

Are you planning a trip overseas to visit family or friends? Or perhaps you just want to visit somewhere different and you've spotted a great overseas spot? Recently some Perth travellers thought they had the perfect overseas trip planned and paid for – but they found themselves in a much trickier place altogether.

Their travel agents went broke and despite paying in full by cash well in advance, they still found their flights and accommodation hadn't been arranged. Some even got caught in the middle, stranded thousands of kms from home with no return flights organised by their agent! Based on the lessons learnt from this unhappy experience, if you do decide to travel overseas here are a few tips.

1. Use an accredited travel agent, possibly someone registered with the Australian Federation of Travel Agents Accreditation Scheme (ATAS).
2. Make sure you read and understand all the terms and conditions attached to your airfare, accommodation and other travel arrangements and know exactly what you're getting for your money.
3. Take out comprehensive travel insurance and know what is and isn't covered by your policy.
4. Pay by credit card (although there might be some extra charges) if your bank offers a chargeback facility as you can get your money back if a good or service isn't supplied. Remember, if you pay by cash and your travel agent or supplier goes out of business your money could be lost.

If you decide to buy your travel online look for the following:

- the travel agent has an established and good reputation (read online reviews and comments);
- their website lists a street address, phone number and email address;
- the payment page is secure and includes security features like a padlock symbol or address starting with <https://>;
- you can pay by credit card;
- they have a clear process to solve any problems, give replacements and offer refunds; and finally
- make sure you understand all the fine print. What you see should be exactly what you get.

Pack some peace of mind – don't leave home without it.

MELAWAT KE LUAR NEGERI? JANGAN LUPA UNTUK PAKING KETENANGAN PIKIRAN

Apa kamu merencanakan melawat ke luar negeri untuk melawat keluarga atau teman? Atau mungkin hanya mau melawat tempat lain dan kamu dapat tempat yang menarik diluar negeri? Kebelakangan ini pelancong daripada Perth ingat mereka suda mempunyai rancangan dan telah membayar pelawatan yang sempurna - tetapi mereka terdapat diri mereka dalam keadaan yang lebih susah.

Travel agent mereka bankrup dan walaupun suda membayar tunai sebelumnya, mereka masih terdapat yang kapal dan tempat tinggal mereka belum diuruskan. Ada juga yang berhenti separuh jalan, tertinggal beribu kms dari rumah sendiri dengan tidak mempunyai kapal untuk balek yang diurus oleh agent mereka! Berdasarkan pelajaran-pelajaran daripada pengalaman yang tidak menyenangkan ini, kalau kamu membuat keputusan untuk melawat ke luar negeri, disini adalah nasihat-nasihat.










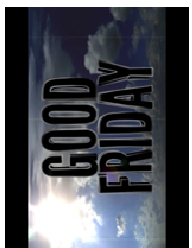



1. *Gunakan travel agent yang berijazah, kalau boleh pihak yang direjista dengan Australian Federation of Travel Agents Accreditation Scheme (ATAS).*
2. *Pastikan yang kamu membaca dan memahami semua syarat-syarat yang berkenaan dengan bayaran kapal terbang, tempat tinggal dan pengurusan dalam perjalanan kamu dan ketahui apa yang kamu dapat daripada bayaran kamu.*
3. *Ambil insuran pelancong dan ketahui apa yang dilindungi dan apa yang tidak oleh policy kamu.*
4. *Bayar menggunakan credit card (walaupun ada tambahan) kalau bank menawarkan fasiliti gantirugi kamu boleh mendapatkan duit kamu balek kalau barang atau serbis tidak diberikan. Ingat, kalau kamu bayar tunai dan travel agent atau supplier hilang bisnis, duit kamu tidak akan didapati kembali.*

Kalau kamu ingin membeli pelawatan kamu secara online, tandakan perkara-perkara berikut:

- *travel agent mempunyai latarbelakang yang bagus (baca 'online review' dan komen);*
- *website mereka menyatakan alamat, nomor talipun dan alamat email mereka;*
- *halaman bayaran mereka 'secure' dan mengandungi ciri-ciri keselamatan seperti tanda padlok atau alamat web yang bermula dengan <https://>;*
- *kamu boleh membayar menggunakan credit card;*
- *mereka mempunyai proses untuk menyelesaikan apa-apa masalah, memberikan penggantian dan menawarkan gantirugi; dan terakhir*
- *pastikan yang kamu mengerti semua tulis-tulisan kecil. Apa yang kamu lihat mesti apa yang kamu dapat.*

Pack ketenangan pikiran - jangan tinggalkan rumah tanpanya.



Mon	Tue	Wed	Thu	Fri	Sat	Sun
	<p>1 Tennis Skills West Island Tennis Court All Ages - 3.30 - 4.00pm Parents/Kids Doubles Year 3 Upwards 4.00pm - 5.00pm</p>	<p>2 Salt Dough Shell Ornaments Ashleigh Saltmarsh West Island School Under Cover W.1 - All Ages @3.30pm (Bring along your favorite shells)</p>	<p>3 Dodge Ball All Ages Home Island Tennis Court 4.30pm</p> 	<p>4 Mixed Tee Ball All Ages Home Island Oval 4.30pm</p> 	<p>5 YOUTH CENTRE Year 6 upwards <i>ONLY</i> Open 10am—10pm Just want to hang with friends? Hang out at the Youth Centre!</p>	<p>6</p> 
<p>7</p>	<p>8 Tennis Skills West Island Tennis Court All Ages - 3.30 - 4.00pm Parents/Kids Doubles Year 3 Upwards 4.00pm - 5.00pm</p>	<p>9 Surfing - Matt R. Year 7 Upwards W.1 - The Spot 4.00pm Hacky Sack Stress Ball All Ages @3.30pm West Island School Under Cover</p>	<p>10 Arts & Craft All Ages Home Island Old Canteen 4.15pm</p> 	<p>11 Mixed Tee Ball All Ages Home Island Oval 4.30pm</p> 	<p>12 YOUTH CENTRE Year 6 upwards <i>ONLY</i> Open 10am—10pm Just want to hang with friends? Hang out at the Youth Centre!</p>	<p>13</p>
<p>14</p>	<p>15 Tennis Skills West Island Tennis Club All Ages - 3.30 - 4.00pm Parents/Kids Doubles Year 3 Upwards 4.00pm - 5.00pm</p>	<p>16 Surfing - Matt R. Year 7 Upwards W.1 - The Spot 4.00pm Glow In the Dark Jars West Island School Under Cover All Ages @ 3.30pm</p>	<p>17 Dodge Ball All Ages Home Island Tennis Court 4.30pm</p> 	<p>18 Mixed Tee Ball All Ages Home Island Oval 4.30pm</p> 	<p>19 YOUTH CENTRE Year 6 upwards <i>ONLY</i> Open 10am—10pm Just want to hang with friends? Hang out at the Youth Centre!</p>	<p>20</p> 
<p>21</p>	<p>22 Tennis Skills West Island Tennis Club All Ages - 3.30 - 4.00pm Parents/Kids Doubles Year 3 Upwards 4.00pm - 5.00pm</p>	<p>23 Surfing - Matt R. Year 7 Upwards W.1 - The Spot 4.00pm Easter Basket Decorating West Island School Under Cover All Ages @ 3.30pm</p>	<p>24 Arts & Craft All Ages Home Island Old Canteen 4.15pm</p> 	<p>25</p> 	<p>26 YOUTH CENTRE Year 6 upwards <i>ONLY</i> Open 10am—10pm Just want to hang with friends? Hang out at the Youth Centre!</p>	<p>27</p> 
<p>28</p> 	<p>29</p>	<p>30 Surfing - Matt R. Year 7 Upwards W.1 - The Spot 4.00pm</p> 	<p>31 Dodge Ball All Ages Home Island Tennis Court 4.30pm</p>	<p>1 Mixed Tee Ball All Ages Home Island Oval 4.30pm</p>	<p>2 YOUTH CENTRE Year 6 upwards <i>ONLY</i> Open 10am—10pm Just want to hang with friends? Hang out at the Youth Centre!</p>	<p>3</p>

MARCH AFTER SCHOOL ACTIVITY



Corporate/Clubs/Groups

HISRA is inviting you to come down and compete against other teams in the ASDD Volleyball game.

The game will be held on Wednesday 6th of April so sign up now!

Please register your team with your payment to Noor Jada

(House 65 Home Island)

Teams consists of 6 players - \$60.00 per team.



All proceeds goes towards the Hari Raya Fireworks Display

Venue: Front of Home Island Foreshore

Start Time: 10:00am

Lots of fun including music, food and drinks etc.

Come and cheer for your favourite team

Registration closes on the 31st March

Remember "NO PAY, NO PLAY"



Physical Exercise

The hardest part of an exercise routine is getting started. Once you've established a regular pattern of exercise, you'll find yourself following it. First of all, exercise will only become a habit if it's fun! Pick something you will enjoy doing.

If you like being with a group of people, try a team sport like basketball or soccer. You don't have to be a super athlete.

Anyone can exercise. Social activities like dancing and mall-walking are also good. If you're more of a loner, try bicycling or swimming.

Don't kid yourself. Be honest about what you realistically think you can do. If you have always hated to climb stairs, step aerobics probably isn't for you. Maybe a walk around the neighbourhood would be more pleasant. Many people today are walking toward fitness.

Consider your current state of physical fitness. If you haven't exercised in years, you'll definitely want to start with some modest activities. As you get adjusted, you can increase your activity.

Consider your schedule. Are you a morning person? Then plan to exercise in the morning. If you're addicted to your snooze button, plan to exercise in the evening.

Start with just a small block of time, maybe fifteen minutes. As you get into your routine, you probably won't mind increasing to twenty, and then thirty, minutes.

In order to be effective, you'll need to repeat your exercise routine 3 or 4 times per week.

Finally, take it easy. Make sure that you exercise intelligently and cautiously. Exercise should improve your health, not risk it.

More tips in next edition...

A COCOS MOMENT



Shire's Manager for Works & Services, Ian Evans (far right); Shire's Works Supervisor, Parson Yapat (2nd from left); and Shire President, Balmut Pirus (far left) presenting Beverly Lemman (2nd from the right) with a gift for his loyal service in the last 24 years.

May he enjoy the extra time that he'll be spending with his family, and We wish him a long, happy, and healthy retirement. His smiles will be missed in the workplace.



Do you have a Cocos Moment you would like to share?

Email your favourite photo to cocosislands@crc-net.au or drop into the Community Resource Centre.

Birthdays & Anniversaries

*Wish to send love ones special messages on their birthdays and anniversaries?
Drop in at the Cocos Islands Community Resource Centre or email communications@cocos.wa.gov.au*



Upcoming 2016 Community Events

Event Name	Event Date	Event Host
Worlds Greatest Shave	16/03/2016	Cocos Club
Kids Movie Night	18/03/2016	Cocos Club
West Island Market Day	19/03/2016	Cocos Islands CRC
Council Meeting - West Island (Admin Conference Room)	30/03/2016	Cocos Islands Shire Council
March into Yellow BBQ	31/03/2016	Cocos Club
Kids Movie Night	08/04/2016	Cocos Club
Plate/Mug Decorating Activity	11/04/2016	Cocos Islands CRC
Cricket Match	17/04/2016	Cocos Club
Anzac Day/Two Up and Lunch	25/04/2016	Cocos Club/North Park
Council Meeting - Home Island (Council Chamber)	27/04/2016	Cocos Islands Shire Council
Mothers Day - Cocktails	08/05/2016	Cocos Club
Kids Blue Light Disco	13/05/2015	Cocos Club
Indoor Sports Competition	15/05/2016	Cocos Club
Karaoke Night	20/05/2016	Cocos Club
Council Meeting - Home Island (Council Chamber)	25/05/2016	Cocos Islands Shire Council
Australia's Biggest Morning Tea	26/05/2016	Cocos Islands CRC
Cocos Lagoon Swim—Registration Opens	01/06/2016	Cocos Islands Tourism Association
Cocos Lagoon Swim—Food Night	03/06/2016	Cocos Club
Cocos Mid Year Ball (Casino Royal)	10/06/2016	Cocos Club
West Island Market Day	18/06/2016	Cocos Islands CRC
Cocos Lagoon Swim—Registration Closes	24/06/2016	Cocos Islands Tourism Association
Council Meeting - Home Island (Council Chamber)	29/06/2016	Cocos Islands Shire Council
Kids Movie Night	24/07/2016	Cocos Club
Council Meeting - West Island (Admin Conference Room)	27/07/2016	Cocos Islands Shire Council
Barefoot Ball	19/08/2016	Yacht Club
Cocos Club Members BBQ	23/08/2016	Cocos Club
Council Meeting - Home Island (Council Chamber)	31/08/2016	Cocos Islands Shire Council

The above events with further details are all advertised on the Cocos Islands CRC website.

If you have a community event you would like to advertise, please contact our office with your details.

This is a FREE service for our Community.

Phone: 9162 7707 Email: cocosislands@crc.net.au Website: www.cocos.crc.net.au



The next edition of The Atoll will be produced on:
 Edisi The Atoll selanjutnya akan dikeluarkan pada:

All items/materials must be received by:
 Semua majalah mesti diterima sebelum:

Thursday 31st Mar 2016

1:00pm Tuesday 29th Mar 2016

Cocos Snapshots 2...

Gambaran Cocos 2...



Have Your Say



Letters to the Editor will either be accepted or rejected by the Editor. Items need to be:



- Accurate and/or factual
- Not defamatory or inflammatory
- Identified by author

Please take into consideration our format when preparing your items/materials to make the most of the spaces available.

The Atoll publication staffs reserves the right to edit the formatting of articles submitted for publication.

Materials should preferably be electronically forwarded to: cocosislands@crc.net.au

To ensure a timely distribution of the newsletter, we request that all items/materials be forwarded before 1pm, 2 days prior to its distribution date.

Disclaimer

The views expressed in articles in this newsletter are not necessarily the views of the editors or other volunteers who work to produce The Atoll.

The editor has the right to withhold, edit or abbreviate items as considered necessary.

No responsibility is accepted for any statement of opinion, any error or omissions.